

Applicant : Suk H. Cho
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Attorney's Docket No.: 09143-018002

Amendments to the Claims:

This listing of claims replaces all prior versions and listings of claims in the application:

Listing of Claims:

1-23. (Cancelled).

24. (Currently amended) A method for reducing pain, inflammation, stiffness, or discomfort in a mammal, said method comprising administering a dietary supplement to said mammal in an amount effective to reduce said pain, inflammation, stiffness, or discomfort, wherein said dietary supplement comprises an aminosaccharide, a ginger component, and an enzyme, wherein said aminosaccharide is granulated glucosamine or a granulated glucosamine salt selected from the group consisting of glucosamine hydrochloride, glucosamine sulfate, glucosamine phosphate, glucosamine lactate, and glucosamine dodecanoate; wherein said dietary supplement is in the form of a tablet; and wherein about 40% to about 55% of said tablet by weight is said aminosaccharide.

25. (Cancelled).

26. (Currently amended) The method of claim 24 25, wherein said mammal receives a daily dose of said glucosamine, said daily dose being between 2 mg/Kg and 20 mg/Kg of body weight of said glucosamine.

27. (Original) The method of claim 24, wherein said ginger component is ginger oil.

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28. (Original) The method of claim 27, wherein said mammal receives a daily dose of said ginger oil, said daily dose being between 25 mg/Kg and 50 mg/Kg of body weight of said ginger oil.
29. (New) The method of claim 24, wherein said ginger component is gingerroot or gingerroot extract.
30. (New) The method of claim 24, wherein about 5% to about 15% of said tablet by weight is said ginger component.
31. (New) The method of claim 24, wherein said enzyme is selected from the group consisting of bromelain, papain, fungal proteases, acid stable proteases, neutral stable proteases, and alkaline stable proteases.
32. (New) The method of claim 24, wherein about 1% to about 10% of said tablet by weight is said enzyme.
33. (New) The method of claim 24, wherein said dietary supplement comprises at least two different enzymes.
34. (New) The method of claim 24, wherein said dietary supplement comprises a green tea extract.
35. (New) The method of claim 34, wherein about 1% to about 10% of said tablet by weight is said green tea extract.
36. (New) The method of claim 24, wherein daily administration of said dietary supplement to a mammal for at least two weeks reduces pain, stiffness, or inflammation in said mammal.

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37. (New) The method of claim 24, wherein said tablet ranges in weight from about 1000 mg to about 1500 mg.